Ideas & Tips for Home

Resource Lists:
- General Family Resources
- Devotional & Inspirational Reading
- Household Management
- Food
- Holidays & Special Occasions
- Organizations / Websites

Ideas & Tips for Home

- **Recycling** To make recycling convenient, place labeled recycle cans near existing trash cans. Sort materials or carry them to curb on trash collection days.
- **Composting** Recycle kitchen scraps, leaves, and grass clippings by creating a composter in your backyard or in a trash can. To make a composter read *Let It Rot* by Stu Campbell (see listing under "Household Management" below).
- **Shopping** Plan trips so that you accomplish several errands during the same trip. Instead of paper or plastic, take your own cloth bags to carry purchases. Before buying, find out if there is a similar product with recycled, post-consumer content. Buy in bulk to reduce packaging material. Check to see if the container is recyclable.
- **Energy conservation** Replace regular incandescent bulbs with compact fluorescent bulbs. Set your thermostat no higher than 68 degrees in winter and no lower than 75 degrees in summer. Consider installing a programmable thermostat. Lower the temperature setting on your water heater to 110 degrees.
- **Water conservation** Take showers not baths. Replace regular shower heads with low flow shower heads that can be turned off while you lather up. Replace older toilets with those that flush on 1.5 gallons of water or less. If it isn't possible to replace, then place a brick or water-filled plastic jug in the tank to reduce the amount of water used in each flush. Capture and save "gray" water for watering plants.

General Family Resources


Families Caring at Home, In the Community, For the Earth, by James McGinnis, Mary Joan & Jerry Park (Institute for Peace and Justice, 1996). Available: (314) 533-4445. Includes activities and program ideas for helping families to be more compassionate towards each other and towards the world.

Fifty Ways You Can Help Save the Planet, by Gordon Aeschliman and Tony Campolo (InterVarsity, 1992). Is a good starting resource for ideas to make a difference in creation.


Devotional & Inspirational Reading


Thorns in the Garden Planet: Meditations on the Creator's Care, by Vera C. Shaw (Thomas Nelson, 1993).

Household Management

Simpler Living


Housekeeping


Finances


Gardening


Food


Food, Faith and Sustainability: Environmental, Spiritual, Community and Social Justice Implications of the Gift of Daily Bread, (Earth Ministry, 1999). Available: Earth Ministry (206) 632-2426 www.earthministry.org. Helps participants learn about spirituality of good food, the ways in which eating connects us to the land and each other, and the economic, environmental and cultural implications of food choices. For individual or group study.


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Holidays & Special Occasions

Holidays


To Celebrate: Reshaping Holidays & Rites of Passage (Alternatives, 1987). Available: Alternatives for Simple Living www.simpleliving.org. For people who are not satisfied with the models of celebration offered by a consumer society, this resource contains ideas for celebrations of joy, spontaneity, justice, and concern for nature.

Other Seasons & Events


Organizations / Websites

Alternatives for Simple Living http://www.simpleliving.org (800) 821-6153

Christian Environmental Association (Target Earth) http://www.targetearth.org

Christian Environmental Studies Center of Montreat College http://cesc.montreat.edu

Earth Ministry http://www.earthministry.org (206) 632-2426

EarthCare, Inc. http://www.earthcareonline.org email: mail@earthcareonline.org
P.O. Box 23291, Chattanooga TN 37422 (423) 697-2560 Chattanooga, TN / (706) 278-3979 Dalton, GA

Evangelical Environmental Network http://www.creationcare.org (800) 650-6600

North American Conference on Christianity and Ecology (NACCE) http://www.nacce.org

Web of Creation http://www.webofcreation.org

EarthCare Resource Guide October 2000

This guide is a publication of EarthCare, Inc., PO Box 23291, Chattanooga, TN 37422 http://www.earthcareonline.org email: mail@earthcareonline.org (423) 697-2560 Chattanooga, TN -or- (706) 278-3979 Dalton, GA

To obtain resources listed, please check with your church or public library, local Christian college library, or Christian bookstore. Items that are not available on the shelf in your local library normally may be borrowed through the library’s interlibrary loan services. Items not in stock at a Christian bookstore may normally be purchased via special order.

Publications not showing availability are out of print. They may still be available through the out-of-print services of Amazon.com or Barnes&Noble (bn.com) or may be located using independent services such as bookfinder.com.